



Route 55 Newsletter | October 2024

Orchard Friends,

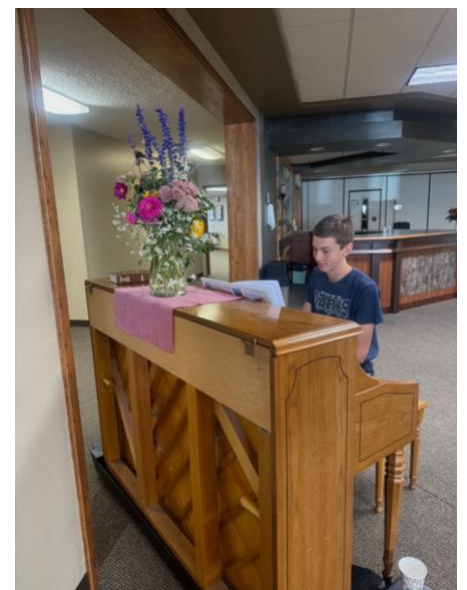
We are so blessed to be part of such an active, loving and welcoming community! A quick cruise through this newsletter illustrates this very fact. We invite you get your calendar out and read through our offerings and plan to join us. Opportunities abound! We hope you will give a few of them a try!

Grace and Peace,

Kim Manning

CONNECT & CARE ANNUAL APPRECIATION LUNCHEON

Kathrine Krukow and Sarah Hess celebrated a full year of service to the Connect & Care team AND honored their many loving and steadfast volunteers with an Annual Appreciation Luncheon complete with delicious food provided by Sam's Special Meats, Blue Barn BBQ and Try Pie. Musical entertainment was provided by Thomas, a piano student of Ann Barry's. Fellowship and words of appreciation and affirmation were shared. Thank you to the entire team for serving as the hands and feet of our Lord, providing loving connection and care to homebound members. If you would like to participate in this important ministry, contact shess@orchardhillchurch.org or kkrukow@orchardhillchurch.org.



Left: Sarah Hess and Kathrine Krukow share words of gratitude and affirmation.
Right: Maestro Thomas provides lovely spiritual music during our luncheon.



Sarah Hess keeps the men's table in line, enjoying time with Thomas, Bruce Atkins, Wayne Graves, and Mike Janssen.



Nora Janssen, Janet Fischer, Deb Mc Calley and Jodi Edwards.



Esther Jungling, Norma Peters, Donna Pohl, Marilyn Graves and Bonnie Poley.



Dawn Grainger, Kathy Dawson, Kathrine Krukow and Greta Magee.

RECENT ROUTE 55 EVENTS



Second Sunday Socials are back!



Join us between services on Sunday, October 13 for the next one!



Jean Gedlinske, Debbie Flanery, Lori Maifeld, Pam Ohrt and Turtle Mommy Kay Clements find a turtle on the trail during a Wednesday Walk and revive him before returning him to the wild.



Hiking Club explores the swinging bridge in Iowa Falls.



Ann Barry not only performs and teaches, she moves the equipment around too!



Kay Clements, Marilyn Jasper, Keith Van Hauen, Tim and Kristy Pruckler, Rhonda Wolthoff, Lori Maifeld, Patty Scott and Deb Mc Calley find a great photo spot after hiking in Iowa Falls.



Thank you to Sarah Hess and friends and family for planning and hosting an inspiring Hymn Sing.



Wayne Graves and Jack Ackerman hold down the men's table at Monthly Lunch.



Lt. Sam Hess leads an informative tour of Waterloo's Fire Station #1.



Janet Fischer, Rhonda Knudsen, Marilyn Graves, Helen Ackerman, Deb Mc Calley, Sarah Hess and Donna Pohl enjoy lunch at El Patron's. Ole!



The tour of Waterloo Firehouse #1 continues.



The final stop of our Monthly Lunch and MORE outing finds us at Try Pie learning about the program. Thank you, Megan Tensen, for hosting us!

FEATURED EVENTS



Route 55 Monthly Lunch

(formerly known as Ladies' Lunch Bunch, Men's Monthly Lunch)

Wednesday, October 9, 11:30am

Village Inn, 6301 University Avenue, Cedar Falls

Join us for lunch at a local restaurant on the second Wednesday of each month. Ladies and gentlemen are welcome. Please reserve your place by signing up in the Route 55 binder, email kmanning@orchardhillchurch.org, or call 319-231-1619. This will allow us to report an accurate number so the restaurant can prepare for us.



Route 55 Hiking Club

Thursday, October 10, 8am

Pike's Peak State Park

32264 Pikes Peak Road, McGregor (2 hours from Cedar Falls)

Join us for our final hike of the season! All are truly welcome and the trees should be beautiful! Bring sunscreen, a hat, water bottle and a sack lunch. We'll meet in the OHC parking lot near Door 2 and try to be back by 4pm. Please bring \$5 to help with gas and money for a treat on the way home – usually ice cream! **Please contact Deb Mc Calley at 515-707-5939 or dmccalley58@gmail.com to let us know you are**

coming. You can also sign up in the Route 55 binder.



Second Sunday Senior Socials

Second Sunday Senior Socials

Sunday, October 13, between worship services

OHC Commons

Join us for coffee, conversation and pastries every 'Second Sunday'. In addition to providing important fellowship, we hope to create awareness of Route 55 and Connect & Care opportunities to members of the church who have not yet participated. We will appreciate your help spreading the word by inviting friends. No reservations are necessary, although we are seeking volunteers to bring fruit or pastries.



Bible Study

Thursdays, October 17, 24, 31, and November 7, 1pm

OHC Commons

Pastor Ed and Sally Baker will each lead us through a four-week Bible Study Series.

Sally's series for the ladies, entitled GPS: God's Plan for Salvation, will cover the writing of John.

Pastor Ed's series for the men will discuss ABRAHAM: Father of our Faith (Part one).

We'll begin with refreshments in the Commons and then break into groups for study and discussion.



Celebrating Color and Pattern Quilt Show

Friday, October 18, 11:30am

Lunch at Whiskey Road, 402 Main Street

Show at First United Methodist Church, 718 Clay Street

We'll begin our day together at 11:30am with lunch at Whiskey Road, followed by a visit to First United

Methodist Church to walk through the Celebrating Color and Pattern Quilt Show, hosted by the Keepsake Quilters Guild of the Cedar Valley. The theme of this year's show is "Primary and Secondary, an Explosion of Color and Pattern." It celebrates two key elements of the quilting world, the integration of hues and tints with appealing design. **The show will feature over 150 quilts!** Kindly reserve your place by contacting us at kmanning@orchardhillchurch.org or signing up in the Route 55 binder.

If you are unable to join us and would still like to see the show, hours are 10am to 7pm on Friday, October 18 and 9am to 3pm on Saturday, October 19.



Fellowship, Food & Fascinations – GenerationRx
Tuesday, October 22, 1pm
OHC Commons

Lindsay Wolff from Pathways Behavioral Services will be on hand to help us learn safe medication practices for better health including how to be your own health

care advocate, the safe storage and disposal of medications, and gaining an understanding of the risks of medication misuse. Kindly let us know if you will be attending.

OTHER EVENTS

Night of Prayer

Sunday, October 13, 5pm

Grundy Campus Worship Center

All are invited to participate in a group night of prayer and a light meal. Details and registration can be found at [OrchardCentral](#).

OTHER ONGOING ACTIVITIES and OPPORTUNITIES

WEEKLY

Wednesday Walks

Weekly on Wednesdays, **1:30pm**

Pfeiffer Park

Get outside with friends and walk the trails. This friendly group makes an hour of exercise go by almost without notice! All abilities are welcome and no one is ever left behind. **Please note that beginning on October 2, we will switch to a 1:30pm start time until next spring.** To learn more, contact Jean Gedlinske, gedlinskejean@gmail.com, 319-486-1340.

Quilting Ministry

Weekly on Thursdays, 9am-11am

Orchard Hill Church Room 111

Contact Barb Fluent, bs.fluent@cfu.net, 319-240-9066.

Zoom Social Hour

Weekly on Thursdays, 11am-Noon

Virtual

Contact Sarah Hess for a link at shess@orchardhillchurch.org, 319-596-6223.

SEMIMONTHLY

Grundy County Women's Coffee Crew

Wednesday, October 9 and 23, 9:30am

Grundy County Campus Lobby

All women are invited for coffee and conversation. Bring your own snack and drink and enjoy a casual time of belonging in community and friendship that generally lasts for 1 ½ hours. Come when you can and leave when you must.

MONTHLY

Waverly Mobile Food Pantry

Tuesday, October 8, 4:30pm

Waverly Civic Center, 200 1st St. NE,

Waverly

Volunteers from area churches help the Northeast Iowa Food Bank by unloading the truck, arranging the food, assisting with distribution, carrying bags and boxes to vehicles and cleaning up. Sign up at tinyurl.com/waverlyfoodpantry.

Community Meal

Wednesday, October 9, 5:30pm

OHC Commons

Join us the second Wednesday of the month anytime between 5:30pm and 6:30pm for a free meal and belonging in community. Volunteers are needed. Please see [OrchardCentral](#) for additional information and to make your reservation.

Grundy County Mobile Food Pantry

Tuesday, October 15, 4:15pm

Grundy Center Community Center,

705 F Avenue, Grundy Center

Volunteers from area churches help the Northeast Iowa Food Bank by unloading the truck, arranging the food, assisting with distribution, carrying bags and boxes to vehicles and cleaning up. Contact Diane Adair at diane.jean51@gmail.com.

Habitat for Humanity Build

Saturday, October 20,

8:30am-3:30pm,

Waterloo

OHC hosts a Habitat build every third Saturday. Volunteers work alongside a Habitat employee and need absolutely no previous experience. Sign up at [OrchardCentral](#). Half-day shifts are also available.

Men's Breakfast

Friday, October 25, 6:30am

OHC Commons

Men's Monthly Breakfast is a great opportunity to connect with other guys and have an awesome breakfast. Additional information is at [OrchardCentral](#).

Grundy Men's Breakfast

Friday, October 25, 6:30am

Grundy County Lobby & Coffee House

Men's Monthly Breakfast is a great opportunity to connect with other guys and have an awesome breakfast. Additional information is at [OrchardCentral](#).

See [Orchard Central](#) for additional news and events.

You may also want to check out the [Community Groups](#) section as there are lots of fun new offerings!