



A Timeline of the Table - Kristin Sauerbrei

Icebreaker:

1. What book would you like to live in?
2. What is the best topping for ice cream?

Summary:

A simple breakfast invitation became a powerful reminder of true belonging — and how God has always used the table as a place of connection. Together we will walk through a timeline of the Biblical story of God inviting us to His Table. God does this by destroying separation, because more than anything God wants to be with His people.

From the Tabernacle to the Last Supper to our own kitchen tables, God is inviting us to linger at the table with Him—every day—not because of anything we’ve done, but because as His children, we are wanted and we belong.

Engage the Bible:

- John 21:12
- Matthew 27:50

Small Group Questions:

- What’s one memorable meal you've had around a table—who was there and what made it special?
- Picture a real table from some time in your life where you have known that you are wanted & that you belong. Describe that table & how you knew you belong there.
- Draw out the Biblical timeline of the table. How does seeing God’s desire to be with His people throughout the whole Biblical timeline impact how you view your own relationship with Him?
- Why do you think Jesus invited his disciples to have breakfast with him after his resurrection?
- How does it make you feel that God doesn’t just want a quick moment with us — He wants to dwell, linger, be with us in an unhurried presence?
- What is one way you can use an everyday table (kitchen table, breakroom, picnic bench, etc.) to intentionally connect with God or others this week?