



Intentionally Cultivating Hope - Jeff Mickey

Icebreaker:

1. What is something new you've learned recently?
2. What simple thing blows your mind?

Summary:

Grief, loss, disappointment, health challenges, faith deconstruction, or simply a busy, distracted life can lead us there. The Israelites, Jesus, Peter, and Paul all experienced the wilderness—and so will we.

But we don't go alone. **God is with us in the wilderness.** We should not fear the wilderness for ourselves and our loved ones; but instead see it for what it is...a time for change, deepening and growing our faith over time.

Engage the Bible:

Read Luke 24:13-32. Discuss as a group.

Small Group Questions:

- What was the mood of two disciples before meeting Jesus?
- Why did they not recognize Jesus initially?
- What specific passages from today's teaching stood out to you?
- What role did the breaking bread play in their recognition of Jesus?